



**Commit your works  
to the Lord, and  
your thoughts will  
be established.  
Proverbs 16:3**





For whoever finds me  
finds life,  
and obtains favour  
from the LORD.  
Proverbs 8:35





**Keep your heart with all diligence,  
for out of it spring the  
issues of life.  
Proverbs 4:23**

If we store up good things in our heart, and think about what is true and right and pure, then our words and actions will be good too. Pray that the Lord Jesus will keep your heart fixed on him.





## PRAYER

**Dear Lord Jesus, I find it easy to think bad thoughts. Please help me to think about things that are good and true and especially about you and all you have done for me.  
Amen.**

