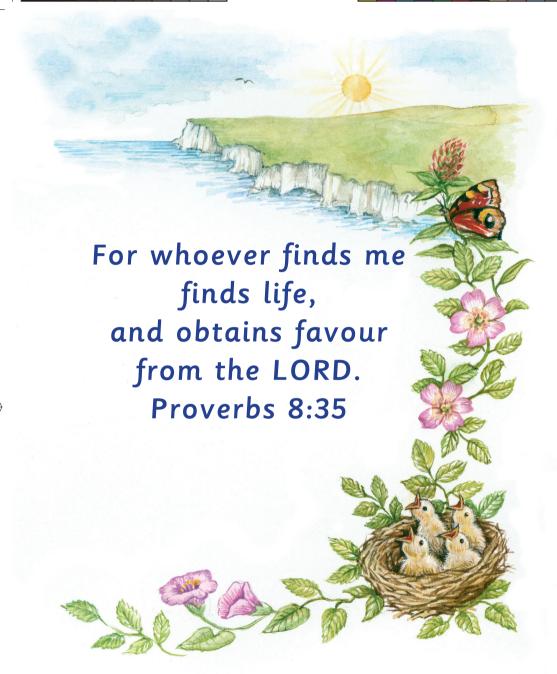




2





Keep your heart with all diligence, for out of it spring the issues of life. Proverbs 4:23

If we store up good things in our heart, and think about what is true and right and pure, then our words and actions will be good too. Pray that the Lord Jesus will keep your heart fixed on him.



PRAYER

Dear Lord Jesus, I find it easy to think bad thoughts. Please help me to think about things that are good and true and especially about you and all you have done for me.

Amen.

