

# Insecure

## Fighting our Lesser Fears with a Greater One

John Perritt

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### DESCRIPTION

Insecurity is something all humans struggle with. Young and old, male and female, across the globe – insecurity has no boundaries. While it is a commonality among humanity, it doesn't mean it's something you have to live with.

Insecurity is painful for many, but there is a greater fear to drown out this lesser one. Scripture tells us that the fear of the Lord is the beginning of wisdom. It is in this greater fear, that we learn how to grow, live, and, possibly defeat, our insecurity.

### MARKETING POINTS

Looks at how Christians can tackle insecurity  
Learning to fear the Lord instead of focusing on ourselves  
Ideal for teenagers and young adults

### AUTHOR

John Perritt is the Director of Resources for Reformed Youth Ministries (rym.org) and serves as the host of The Local Youth Worker podcast for RYM. He is the author of Time Out! (2018) & Insecure (2019). He and his wife, Ashleigh, live in Ridgeland, MS, with their five children.

### ENDORSEMENTS

As a father trying to tackle these issues on a daily basis, I simply can't wait to give John's book to my own kids. It's readable, relevant and real.

#### Daniel Strange

*College Director, Oak Hill Theological College, London*

Written for students, but useful for everyone! What Perritt does so vulnerably through his own story, is help us understand where our insecurities stem from. By identifying the sin driving our fears, he then helps us shift our eyes off of self and onto the One whom our security and rest is found.

#### Kristen Hatton

*Author of 'Exodus: The Gospel-Centered Life for Students', 'Face Time: Your Identity in a Selfie World' & 'Get Your Story Straight'*

Grounded in scripture, John's words remind us where our true value comes from. It's a lesson we can all take something from, especially today, in a world where self-worth is so closely linked with social media likes and comments.

#### Chad Gibbs

*Author of 'God & Football' and 'Love Thy Rival'*

There may be no bigger problem in the lives of today's young people than insecurity. The shame, awkwardness, and embarrassment of insecurity are perpetual and paralyzing. John Perritt gets it. With wisdom, transparency, and faithful maturity, he helps students combat the ugly feelings of insecurity with gospel grace.

#### Jaquelle Crowe

*Author of 'This Changes Everything: How the Gospel Transforms the Teen Years'*

### TECHNICAL DETAILS

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