

A Call to Contentment

Pursuing Godly Satisfaction in a Restless World

David Kaywood

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DESCRIPTION

Do you find yourself worrying, coveting, grumbling, giving way to unrighteous anger, or dwelling unhealthily on the past or the future? You might be discontent – and it might be leading you into all sorts of other sins. Kaywood tackles three common areas of discontentment – money and possessions; pain and suffering; success and work – and digs into the reality of our desires. Ultimately, Kaywood invites readers to focus on Jesus: the God who became poor for us and suffered for us, and who calls us to work for him. If you are looking to live a life of contentment, start by reading this book.

MARKETING POINTS

Finding biblical contentment

Practical steps

Includes discussion questions

AUTHOR

David Kaywood (MDiv, Covenant Theological Seminary) is a senior pastor at Eastside Community Church in Jacksonville, Florida. He blogs at gospelrelevance.com, contributes to the Gospel Coalition, and is credentialed in the Evangelical Free Church of America (EFCA). He lives in Jacksonville Beach with his wife and two kids.

ENDORSEMENTS

Convicting and practical! *A Call to Contentment* shines the light of Scripture on our generation's besetting sin, exposing the many ways we become ensnared by discontentment and helping readers to understand, apply, and cultivate that sweet and precious attitude of Christ-honoring contentment regardless of life circumstances.

Reagan Rose

Founder of *Redeeming Productivity*

... biblical, insightful, and practical. My copy is full of highlights to review and apply; I'm sure yours will be too. It's such a helpful book on a topic that really matters for God's glory and the good of our souls.

Darryl Dash

Pastor of Grace Fellowship Church Don Mills, Toronto; author of '8 Habits for Growth' and 'How to Grow'

The Apostle Paul declares that contentment must be learned (Phil. 4:12), and David Kaywood's book has much to teach us about this rare jewel that is worth learning about. In our restless world we need to find rest in the One who alone can satisfy. I was encouraged by this book to do just that. I recommend it.

Bill Kynes

Council member, The Gospel Coalition; Senior Fellow for Pastoral Theology, C.S. Lewis Institute

Rise and grind, we're told. Never be satisfied. Have at least one side hustle, maybe two. I'm thankful David Kaywood ... offers a way out of our frothy mess of anxiety into the calm of godly satisfaction.

Benjamin Vrbicek

Pastor, Community Evangelical Free Church, Harrisburg, Pennsylvania; managing editor, *Gospel-Centered Discipleship*

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