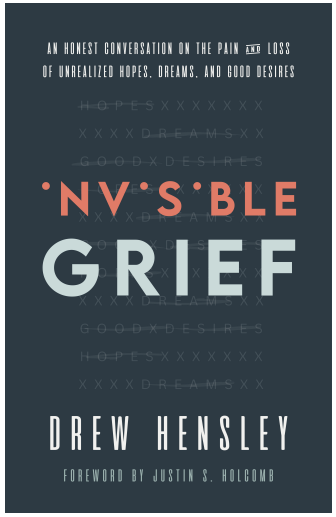
Invisible Grief

An Honest Conversation on the Pain and Loss of Unrealized Hopes, Dreams, and Good Desires

Drew Hensley

RELEASE DATE 20 JANUARY 2026



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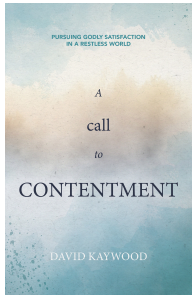

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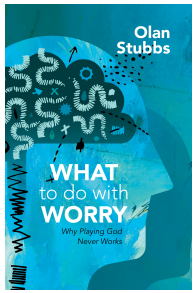

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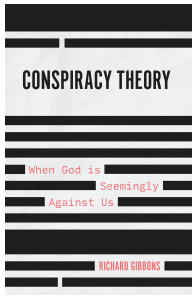

DESCRIPTION

Discover the Hidden Hope in Life's Deepest Sorrows

With raw vulnerability, biblical insight, and stories from real people, Drew shines a light on a form of grief that is often overlooked yet deeply felt. Whether it's infertility, singleness, chronic illness, or any number of unmet longings, *Invisible Grief* guides you to:

- **Identify and dismantle the lies that can entangle your heart**
- **Find your true identity and worth in Christ, not your circumstances**
- **See God's purpose and promise, even in prolonged pain**
- **Move forward with both joy and grief held in holy tension**
- **Discover hope and healing in the context of gospel-centered community**

If you've ever struggled with grief that feels unseen and invalidated by the world around you, this book is your invitation to feel seen, acknowledged and understood. Drew's pastoral wisdom and personal story will assure you that you are not alone, and that in Christ, your grief is never wasted. Discover renewed hope for your weary heart in the pages of *Invisible Grief.*

AUTHOR

Drew Hensley is a pastor at ONE Fellowship in Charleston, South Carolina and a former Seattle church planter. He writes regularly for Keylife and contributes to Christianity Today. He holds a Pastoral Studies degree from Cedarville University and a Master of Theological Studies from Liberty University. Drew and his wife Laura have a son named Silas.

ENDORSEMENTS

Sometimes grief and pain are so deep that we want to run from it. Drew Hensley, in this refreshingly honest and life changing book, says that we should go there anyway. Why is that? That's because that's where God meets his people … in the dark places. This is a profound book that changes everything about the places we all lament. Read it and share it with everyone you love!

Steve Brown
Founder of Key Life Network; author, A Scandalous Freedom

Drew Hensley writes with raw honesty and deep pastoral wisdom, offering the kind of empathic presence that gives language to lament and makes space for healing.

Chuck DeGroat
Professor of Pastoral Care and Christian Spirituality, Western Theological Seminary, Holland, Michigan

Far from trite superficialities, Invisible Grief offers soul-comforting truth about the Suffering Savior who loves you and assures you that though others may not see your heartbreak, he sees it all.

Elyse Fitzpatrick
Author and speaker, Because He Loves Me

This book will be my first recommendation and go-to gift for loved ones in my life who find themselves facing the painful reality of invisible grief. Thank you, Drew for this special resource!

Nicole Zasowski
Licensed marriage and family therapist; author, What If It's Wonderful?

TECHNICAL DETAILS

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