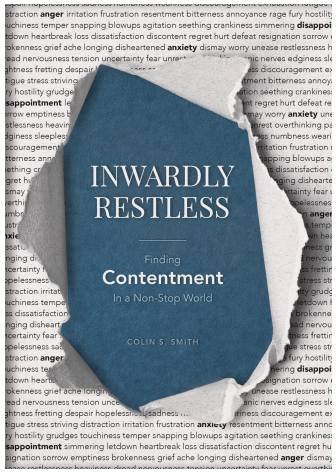
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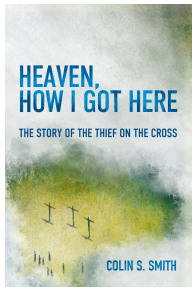
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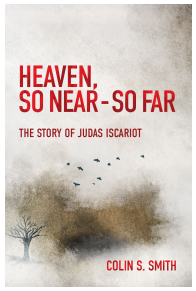
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DESCRIPTION

Discover the Joy of a Truly Contented Heart

Anger, anxiety, and disappointment can easily rob us of the contentment God intends us to enjoy. In *Inwardly Restless*, Pastor Colin Smith shows from Scripture how lasting peace is found, not in changing our circumstances, but in trusting Christ.

Discover how to:

- **Recognise the roots of discontentment.**
- **Overcome anger, anxiety, and disappointment.**
- **Grow in trust when life doesn't go as planned.**
- **Find lasting peace and joy in Christ.**

With biblical wisdom and practical encouragement, this book will help you cultivate contentment in every season of life.

AUTHOR

Colin Smith is President of Open the Bible and Pastor Emeritus of The Orchard Evangelical Free Church in the northwest suburbs of Chicago. He can be heard daily on the radio broadcast, Open the Bible at openthebible.org and has authored several books.

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