

# Inwardly Restless

## Finding Contentment in a Non-Stop World

Colin S. Smith

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### DESCRIPTION

#### Discover the Joy of a Truly Contented Heart

Anger, anxiety, and disappointment can easily rob us of the contentment God intends us to enjoy. In *Inwardly Restless*, Pastor Colin Smith shows from Scripture how lasting peace is found, not in changing our circumstances, but in trusting Christ.

Discover how to:

- Recognise the roots of discontentment.
- Overcome anger, anxiety, and disappointment.
- Grow in trust when life doesn't go as planned.
- Find lasting peace and joy in Christ.

With biblical wisdom and practical encouragement, this book will help you cultivate contentment in every season of life.

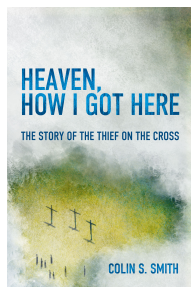
### AUTHOR

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### ENDORSEMENTS

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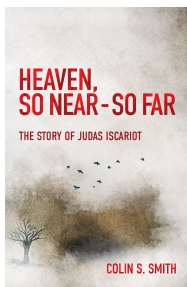
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