# Spurgeon's Sorrows

## Realistic Hope for those who Suffer from Depression

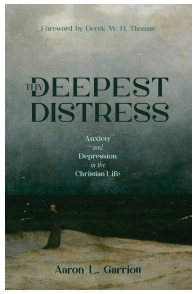
*Zack Eswine*

**RELEASE DATE 20 NOVEMBER 2015**

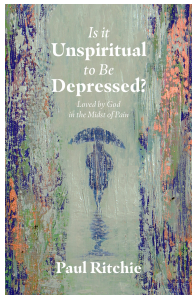



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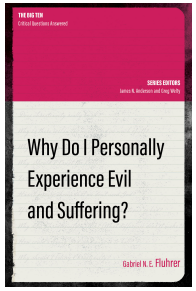
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**DESCRIPTION**

Depression affects many people both personally and through the ones we love. With this compassionate exploration of the struggles faced by Charles Haddon Spurgeon, a renowned 19th–century preacher, who himself endured bouts of severe depression, Zack Eswine provides realistic hope and practical guidance for those grappling with depression. Drawing on Spurgeon's experiences and wisdom, Eswine offers readers comfort from a man who experienced darkness and hope because we can have confidence in the same God.

**MARKETING POINTS**

A reflection on Spurgeon's struggles

Help to understand & support those with depression

How Jesus can bring light to the darkness

**AUTHOR**

Zack Eswine is the Lead Pastor of Riverside Church in St Louis, Missouri and co–founder with his wife, Jessica, of Sage Christianity sagechristianity.org.

**ENDORSEMENTS**

...Spurgeon from early years to final days found dark distress ever hovering on the edges of his mind and sometimes launching an all out assault on his very being. How he managed all this, by the grace of God, both for himself and for others, drives both the gripping content and the riveting literary style of Zack Eswine in *Spurgeon's Sorrows.*

**Tom Nettles**
*Senior Professor of Historical Theology, The Southern Baptist Theological Seminary, Louisville, Kentucky*

The river of life often flows through sloughs of despond. Charles Spurgeon knew that well... Ditto Zack Eswine in this unusual, refreshing, sensible book... Read it, and take it to heart.

**David Powlison**
*(1949–2019) CCEF Executive Director, Senior Editor, Journal of Biblical Counseling*

Zack Eswine is a pastor with the mind of a scholar and the heart of a poet. His wisdom gleaned from Charles Spurgeon's struggle with depression is theologically profound and pastorally lucid.

**Jason Byassee**
*Senior Pastor, Boone United Methodist Church, Boone, North Carolina*

Zack Eswine, like Spurgeon, a preacher, pastor, and no stranger to suffering... there is much encouragement, comfort and practical help to be found in this rich and poetic treasure.

**Richard Winter**
*Author of When Life Goes Dark: Finding Hope in the Midst of Depression, Director of Counseling at Covenant Theological Seminary, St. Louis, Missouri*

**TECHNICAL DETAILS**

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