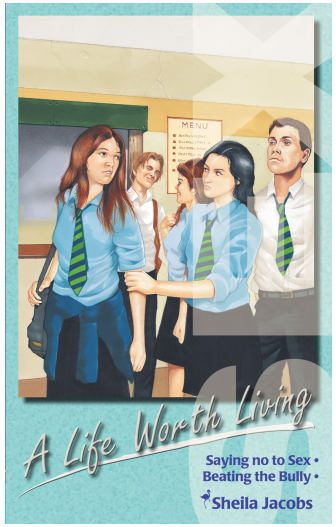
A Life Worth Living

Sheila Jacobs

RELEASE DATE 09 SEPTEMBER 2026



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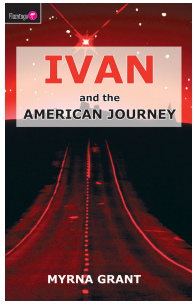

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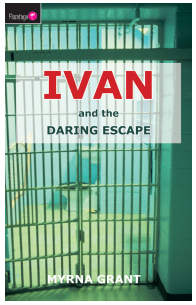

AUTHOR

ENDORSEMENTS

an excellent book-enjoyed by both mother and teenage daughter.So glad to see a story with realistic characters that deal with the issues confronting teenagers, and that expresses the gospel so clearly and many of the struggles of the christian life.

Sandy Austrin-Miner, East Lothian

A life worth living:
'Saying no to sex and beating the bully' sums up the story! Sammy's friend, Amanda - not a Christian - is tempted to sleep with her boyfriend. Sammy shares her own beliefs with her friend. But Sammy's Christianity is making her a target for bullies at a school; living for Jesus is really challenging. I really wanted to write a book that dealt, in reality, with the issue of bullying, and with the Christian view of sex. Saying no to sex isn't a popular option these days, and yet God wants us to live like this if we aren't married. That's a huge challenge when you're an adult, let alone when you're a teenager in today's climate. So in this book I've tried to put across how God wants us to live, without being 'preachy' or 'starchy'.

Sheila Jacobs

TECHNICAL DETAILS

POCKET PAPERBACK
176 Pages
Reading Age: 9-12

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