

# Deep Black Pond At No. 12

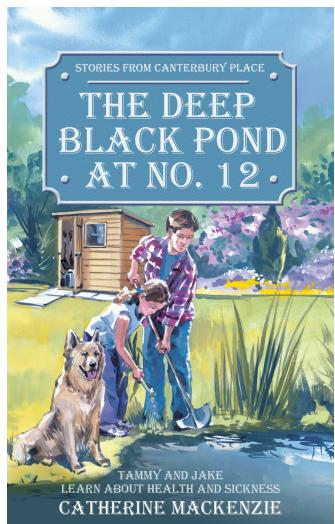
Tammy and Jake Learn About Health and Sickness

Catherine MacKenzie

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## AUTHOR

Catherine MacKenzie is editor for Christian Focus' children's imprint, CF4Kids.

## ENDORSEMENTS

We keep hearing about children's health, eating habits, and levels of exercise. I often think about the poor advice I received as a youngster regarding what was considered then to be a 'healthy diet.' We can get obsessed with things, but more often than not today our children haven't a clue about what health means for them and how God wants them to use their bodies to glorify him. I hope this book goes some way to helping children to focus on a healthy lifestyle in what is a healthy way. I also hope that I really do practice what I write :-)

Catherine MacKenzie  
*Author and CF4K Editor*

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### TECHNICAL DETAILS

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