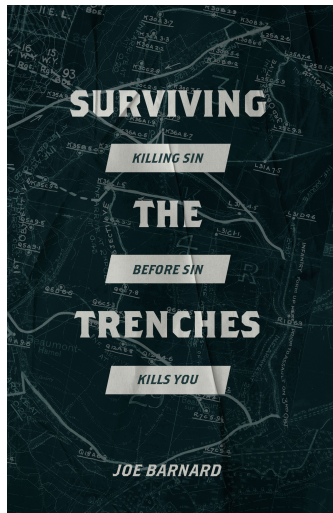


# Surviving the Trenches

## Killing Sin Before Sin Kills You

Joe Barnard

RELEASE DATE 11 MARCH 2022



### RELATED TITLES

### DESCRIPTION

Joe Barnard has written a book to help men not only wake up to the existence of sin in their lives, but, in the power of the Holy Spirit, to tackle it head on. This may seem like a daunting task. Although few would admit it publicly, privately many share the deep anxiety that the resources of the gospel are inadequate to deal with – not the *guilt* of sin – but the *power* of sin. Sin may look like an insurmountable problem when measured by the stature of a fallen man, but to God, sin is no more than a weed planted in sand. This book is for men who are willing to fight and it will arm them for the task at hand.

### MARKETING POINTS

Written for men

Mortification of sin

Arming readers for the fight

### AUTHOR

Joe Barnard is the pastor of Holyrood Evangelical Church in Edinburgh and the executive director of Cross Training Ministries, a discipleship ministry focused on training men in spiritual fitness. He is also the author of 'The Way Forward: a Road Map of Spiritual Growth for Men in the 21st Century'. Joe is married to Anna. They have four children.

### ENDORSEMENTS

There is a time for straight talking. A time to grab the nettle. A time to rip-off the sticking plaster. This book is written in a similar vein. Joe tackles the subject of men waging war against sin, the flesh and the devil, head on. It is a guttural rallying cry to wake men up to the spiritual battle they are naively dawdling through. This book is very honest. The enemy may be devious, sin may be enslaving and despair may be felt, but the power of the Spirit, the truth of the Word, and the hope of the gospel are more than adequate to bolster resistance and bring renewal to even the most seemingly defeated of saints. I heartily recommend this jugular volume to all men. It will stiffen your spine, strengthen your arm and bring courage to your heart. This book is very hopeful.

**Jonathan Gemmell**

*Director, Cornhill Training Course, Cornhill Scotland*

Every man needs a battle plan against temptation and sin. Joe Barnard masterfully paints a pathway of how to go to war against sin—killing it—and he does so in a grace filled manner. This book will inspire men to proactively confront the hardest, yet most important fight of your life. Get ready, it just may change your life!

**Josh Jordan**

*College Pastor, First Baptist Church, Covington, Louisiana*

Killing sin is a critical aspect of true discipleship that Christian men neglect at our peril. Here is wise and practical encouragement which, prayerfully and courageously applied, can change our lives for ever. An urgent call to arms!

**Jonathan Lamb**

*Minister-at-large for Keswick Ministries, IFES Vice President, and former Director, Langham Preaching*

### TECHNICAL DETAILS

LARGE TRADE PAPERBACK  
136 Pages

ISBN 9781527108578  
BISAC REL012120  
PRICE £9.99 \$14.99

05/13/2026

Joe Barnard writes that Christian men today are alarmingly unprepared for the daily battle against the lusts and sinful desires in each man's heart. His book *Surviving the Trenches* gives you hope that the victory over sin has already been won, but it underscores the deadliness of the battle to claim that victory as a daily personal experience. [www.christianfocus.com](http://www.christianfocus.com) deals honestly with the battle—it is difficult and dangerous, and it is a constant fight for every man. Author Joe Barnard