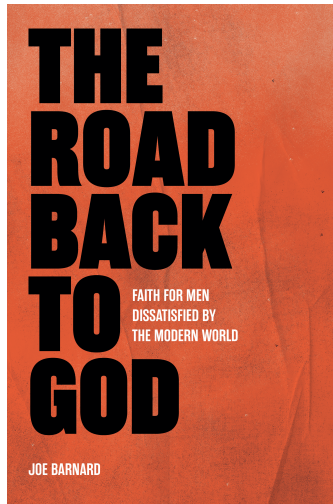


# The Road Back to God

Faith for Men Dissatisfied by the Modern World

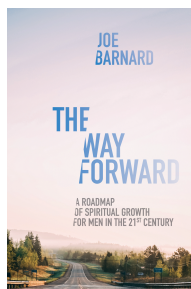
Joe Barnard

RELEASE DATE 09 SEPTEMBER 2025

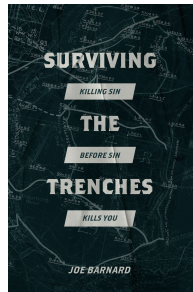


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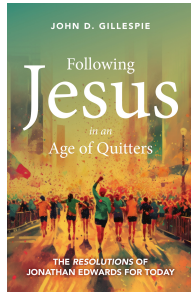
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DESCRIPTION

**The Road Back to God: A Modern Man’s Journey from Darkness to Light**

In an age of unprecedented religious interest among men, Joe Barnard provides a compelling roadmap for those curious about Christianity but unsure where to begin. This thoughtful guide meets men where they are—often trapped in materialistic thinking and spiritual numbness—and leads them step-by-step toward authentic faith.

- Addresses unique challenges modern men face
- Ten crucial milestones on road to faith
- Navigate questions of meaning, purpose, and spiritual truth

Whether you’re a skeptic intrigued by Christianity’s resurgence, a seeker looking for answers, or someone simply dissatisfied with modern materialism, this book offers a fresh perspective on ancient wisdom. Barnard doesn’t shy away from difficult topics like sin, holiness, and the cross, but presents them in ways that resonate with contemporary minds.

This is more than a book about religion—it’s a guide to rediscovering what it means to be fully human in a fragmented world.

AUTHOR

Joe Barnard is the pastor of Holyrood Evangelical Church in Edinburgh and the executive director of Cross Training Ministries, a discipleship ministry focused on training men in spiritual fitness. He is also the author of ‘The Way Forward: a Road Map of Spiritual Growth for Men in the 21st Century’. Joe is married to Anna. They have four children.

ENDORSEMENTS

I think perhaps the greatest commendation I could give this book is that as I was reading I just kept thinking of the amount of men I know who would benefit from it. Take up and read!

**Gavin Peacock**

*Former professional footballer and Director of International Outreach, The Council on Biblical Manhood and Womanhood.*

Thinking men are seeking truth, and want to know what authentic Christianity really is. Joe Barnard has set out to help, by guiding your steps to find honest answers in the original Scriptures, the foundation of the orthodox faith. Let him lead you there, where the real Jesus Christ may be encountered, and his ultimate truth revealed.

**William J. U. Philip**

*Minister, The Tron Church, Glasgow*

In this refreshing, well researched, mind-stretching study, Joe Barnard challenges men to ask the bigger questions of life, have the courage to analyse their own hearts, and embark on a life shaping journey, via Plato’s cave, to Jesus Christ. Highly recommended.

**Jeremy McQuoid**

*Teaching Pastor, Deeside Christian Fellowship, Aberdeen, Scotland and Chair of Council, Keswick Ministries*

... this book will dare you to wrestle with ancient wisdom; to step out on the road of faith and holiness; and to come have a closer look at the person of Jesus Christ.

**Steve Osmond**

*Speaker and writer, Solas Centre for Public Christianity, UK*

TECHNICAL DETAILS

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