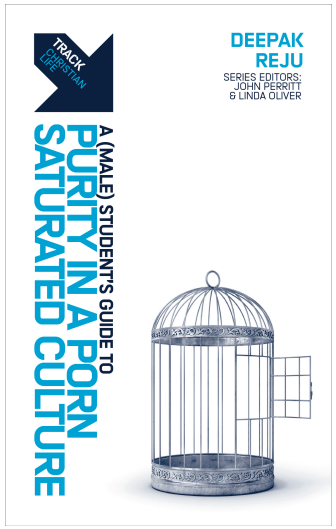
Track: A (Male) Student's Guide to Purity in a Porn-Saturated Culture

Deepak Reju

RELEASE DATE 19 MAY 2026

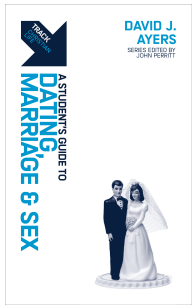


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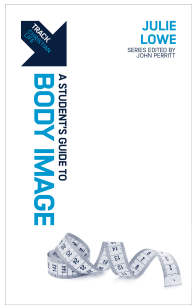
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DESCRIPTION

Hope and Freedom for Young Men Battling Pornography

In a culture overwhelmed by sexual temptation, Deepak Reju's guide offers young men a clear, compassionate path to purity and real change. With honesty and biblical wisdom, this book equips readers to:

- **Cut off access points to pornography**
- **Build strong, honest accountability**
- **Pursue genuine repentance and faith**
- **Understand and address deeper heart issues**
- **Seek support from mentors and church community**

Each chapter features practical steps and reflection questions. Whether you're struggling or supporting someone who is, discover how faith and community can lead to lasting freedom and a renewed relationship with God.

Track is a series of books designed to disciple the next generation in the areas of culture, doctrine, and the Christian life. While the topics addressed aren't always simple, they are communicated in a manner that is.

AUTHOR

Deepak Reju is a husband to his best friend Sarah, father to five children, and the senior pastor at Ogletown Baptist Church (Newark, Delaware) and co-host of the Counseling Talk podcast. He enjoys date nights with his wife, coaching his son's soccer games, getting beaten (often) by his kids in a board game, biking, reading, NFL football and (amateur) baking.

ENDORSEMENTS

In [this book] we are helped to untangle the life-destroying snares of sexual sin with wise, biblical, and practical wisdom. This is that kind of book I hope my sons and their friends will read—and learn from it.

J. Garrett Kell
Pastor, Del Ray Baptist Church, Alexandria, Virginia; author, 'Pure in Heart'

This book is full of wisdom from Scripture, extremely practical, and accessible. Parents and youth workers get copies for every young man you know.

Curtis W. Solomon
Executive Director, Sentinel Institute; Associate Professor of Biblical Counseling, Boyce College, Louisville, Kentucky

As someone who walks with young men through the wreckage of pornography, this is the kind of wise, hopeful, gospel-rich resource I want in their hands.

Todd Stryd
Counseling Coordinator & Faculty, CCEF

If you want to be finally done with porn, this book is a great place to start. It is one of the most accessible resources I have read for students fighting pornography. Reju offers real, biblical help, so I confidently recommend this book to any student who wants real change.

John-Michael Bout
Executive Director, Into The Light Ministries

TECHNICAL DETAILS

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