Track: A Student's Guide to the Good Life

David J. Nixon

RELEASE DATE 19 MAY 2026

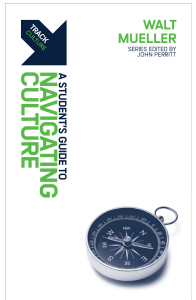


RELATED TITLES

9781527107984
£3.99 $4.99



9781527106949
£3.99 $4.99



9781527108448
£3.99 $4.99



DESCRIPTION

Discover the True Path to Fulfilment: A Student's Guide to the Good Life

In a world full of competing voices, *Track: A Student's Guide to the Good Life* by David Nixon offers a fresh perspective on what it means to truly flourish. Drawing from the foundational truths of the Ten Commandments, Nixon shows that the good life is about:

- **Living in relationship with God**
- **Being empowered by grace, not performance**
- **Pursuing faith, purpose, and joy**
- **Embracing practical steps for real change**

With clear insights and thought-provoking questions, this book equips students and young adults to discover lasting fulfilment—rooted in God's love and truth.

Track is a series of books designed to disciple the next generation in the areas of culture, doctrine, and the Christian life. While the topics addressed aren't always simple, they are communicated in a manner that is.

AUTHOR

David J. Nixon is a husband to Kirsty and a father to Joel and Daniel. He is Senior Pastor at Carrubbers church in the heart of Edinburgh, Scotland. His interest in Christian ethics and worldview began in law school. Today, he shares that passion through speaking at universities around Scotland, lecturing at Edinburgh Theological Seminary, and writing for the Solas Centre for Public Christianity.

ENDORSEMENTS

... shows readers how Christ empowers Christians to seek God's wisdom in his law—to love him and live in accordance with his will.

J. V. Fesko
Harriet Barbour Professor of Systematic and Historical Theology at Reformed Theological Seminary, Jackson, Mississippi; author, 'Reforming Apologetics: Retrieving the Classic Reformed Approach to Defending the Faith'

Everybody's looking for the good life, but what does it look like? In this clear, brilliantly written, and accessible little book, David Nixon helps the reader find answers with depth, clarity, and wisdom!

Andy Bannister
Director of Solas (Centre for Public Christianity), UK

What if you had an exciting and soul-refreshing vision of the good life? What if the 10 commandments did not feel like a crushing list of to-dos but an inspiring blueprint of being truly alive? What if each and every commandment landed in your life as a timely, personal, and practical message of freedom and truth? All of this and much more is packed into this must-read book by David Nixon.

Joe Barnard
Pastor, Holyrood Evangelical Church, Edinburgh Author of The Way Forward, and Surviving the Trenches

TECHNICAL DETAILS

ISBN 9781527114456
BISAC REL012120
PRICE £3.99 $6.39

11/21/2026