Sufficient Soul Care

An Introduction to Reformed Biblical Counseling

Michael Mock

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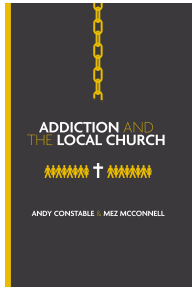

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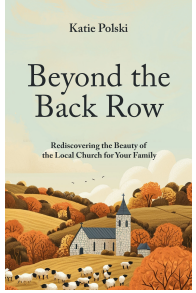

DESCRIPTION

Discover the Power of Biblical Soul Care

In *Sufficient Soul Care*, Dr. Michael D. Mock presents a clear and compelling introduction to Reformed biblical counseling. Rooted in the conviction that Scripture is sufficient for life and godliness, this book equips believers to offer Christ-centered help to those facing sin, suffering, and life's deepest struggles.

In this book, you will discover:

- Why God's Word is sufficient for counseling and soul care
- The biblical foundations of Reformed counseling
- The church's vital role in caring for souls
- How to address suffering and sin with gospel hope
- Practical guidance for pastors, elders, and everyday Christians

Drawing from Scripture, church history, and the wisdom of the Reformers, Mock demonstrates how true soul care belongs within the ministry of the local church and points readers to the lasting hope found in Christ.

AUTHOR

Michael Mock is a Presbyterian pastor in Fresno, California. He holds a Doctorate of Ministry in Biblical Counseling from Reformed Presbyterian Theological Seminary, and is a certified biblical counselor through ACBC, with specializations in conflict resolution and marriage. He and his wife, Elizabeth, have five children.

ENDORSEMENTS

In a refreshing, clear, no-nonsense way, this book provides a wealth of wisdom in a confused world. This is an accessible, faithful book, and I gladly commend it to pastors and members alike.

Matthew Statler
Pastor, Sierra Vista Baptist Church, Arizona

... Mock raises important questions about Scripture, the church, and the care of souls that Christians engaged in biblical counseling must consider. I encourage you to read this book, wrestle with its ideas, and let it challenge the presuppositions undergirding your own approach to counseling.

Jeremy Oliver
Director, Master in Theological Studies Program, Cedarville University, Ohio; Council Member, Biblical Counseling Coalition

... Mock opens the Scriptures with care, clarity, and pastoral effectiveness. His illustrations are likewise apt and vivid, capturing the imagination of the reader and pressing biblical truth into the realities of life and ministry.

Keith Evans
Associate Professor of Christian Counselling, Reformed Theological Seminary, Charlotte, North Carolina

Christian believers ... need the exhortation of the local church from the Word of God. They need their elders and their pastor. In short, they need the hope of Christ. I am thankful that my friend Dr. Mock has given us such a basic primer on the topic of Christian Counseling.

Matthew Everhard
Pastor, Gospel Fellowship PCA, Valencia, Pennsylvania

TECHNICAL DETAILS

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