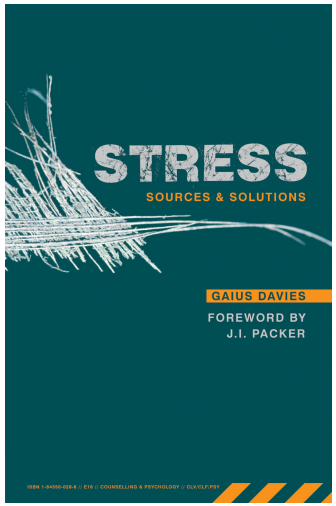
Stress

Sources and Solutions

Gaius Davies

RELEASE DATE 20 JANUARY 2005



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AUTHOR

Dr. Gaius Davies, FRCPsych, M Phil, DPM, was a Consultant Psychiatrist at King's College Hospital, London. He is a well-respected author.

ENDORSEMENTS

The church has been waiting for a book like this for years.

R. T. Kendall
Previous minister of Westminster Chapel, London

Dr Davies is coolly realistic about the temperamental and traumatic ills to which Christians, like others, fall victim, for he knows that Christians, like others, are psychological invalids at the best of times, the only difference being that by God's grace we are at the deepest level in the process of recovering, whereas strangers to grace are not. His treatment of stress and what the care of those under stress involves has about it a down-to-earth circumspection that may seem low-key but will be found very salutary. Overheated super-spirituality, fouling up the conscience by treating all psycho-physical strain as a symptom of sin, unbelief or demon possession, still, alas, runs loose among us; this book, please God, will put salt on its tail - and none too soon. May these Christianly and professionally shrewd chapters find the ministry they merit.

J. I. Packer
(1926–2020), Board of Governors' Professor of Theology, Regent College, Vancouver, Canada

TECHNICAL DETAILS

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