Pursuing a Heart of Wisdom

Counseling Teenagers Biblically

John C. Kwasny

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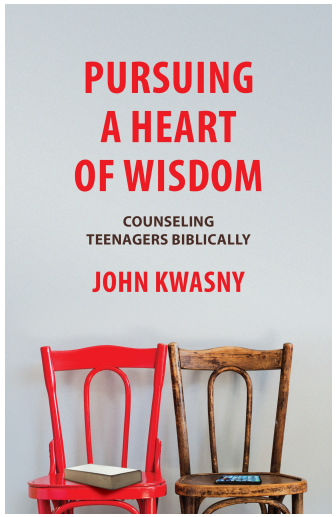

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DESCRIPTION

Grounded in the fear of the Lord, godly wisdom is essential to navigate the minefield of the teenage years. Sadly, many teens are left to themselves during these years, dealing with the temptations and the struggles of their hearts and minds on their own. Yet, all through Proverbs, young people are taught to gain wisdom through listening to and obeying their parents and other wise adults. All teens need Biblical counseling in order to pursue a heart of wisdom—and God calls parents and youth ministry leaders to offer them Biblical counsel.

MARKETING POINTS

Grounded in biblical principles

Addresses typical teenage problems

For parents and youth leaders

AUTHOR

Dr. John C. Kwasny is the Director of Discipleship Ministries at Pear Orchard Presbyterian Church (PCA) in Ridgeland, Mississippi. He is a Biblical counselor, an adjunct professor at Reformed Theological Seminary, and Director of One Story Ministries—authoring a complete discipleship curriculum for the church, home, and school (children and youth).

ENDORSEMENTS

It is not often I get the privilege to read a book deeply committed to a thoughtful, biblical approach to counseling teens. It is for the parent, the youth worker, the caring adult who wants to think well and wisely about the culture of our young people. If you want to understand the struggles teens are facing, the importance of a strong theological perspective and godly influences in their lives, read this book.

Julie Lowe
Counselor and Play Therapist

There are few people who are as qualified as John Kwasny to write this kind of guide for those who counsel and disciple teenagers. John writes as someone who knows teenagers well, having raised teens himself and also counseling them over his many years in the church. Whether you need an overall orientation to counseling teens or need help dealing with the details of particular issues, this book offers quality biblical wisdom that you will not find anywhere else. I am especially thankful for how practical this guide is, being rich with case studies, questions to ask, and "pointers" for counselors. Most of all, I am thankful that he is tackling very difficult, complex issues in a way that never compromises the gospel of Jesus Christ.

Chase Maxey
Executive Director and Counselor, Biblical Counseling & Training Ministries

As he examines common issues facing parents and youth today, John Kwasny combines the Word of God with practical insight to illumine the path to wisdom (Psalm 119:105). This book will work to strengthen your ministry of discipleship by providing a measure of confidence as you help God's people walk with Christ in the midst of the daily struggle with our fallen nature.

Dr. Stephen Estock
Coordinator, PCA Discipleship Ministries

... not only provides us with practical tools but also trains us in the theological foundation needed to broach these hard topics with our students! Dr. Kwasny is thoughtfully clear in his words and faithful to Scripture in his counsel, but more importantly, he takes us to our resting place that is only found in the Great

TECHNICAL DETAILS

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