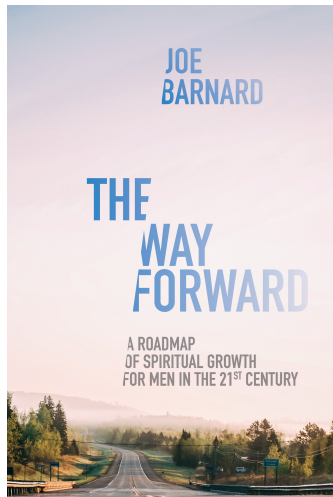


# The Way Forward

## A Road Map of Spiritual Growth for Men in the 21st Century

Joe Barnard

RELEASE DATE 10 JANUARY 2020



### RELATED TITLES

### DESCRIPTION

#### MARKETING POINTS

Discipleship for men

Finding roads to spiritual maturity

Structured by Problem, Solution and Plan

#### AUTHOR

Joe Barnard is the pastor of Holyrood Evangelical Church in Edinburgh and the executive director of Cross Training Ministries, a discipleship ministry focused on training men in spiritual fitness. He is also the author of 'The Way Forward: a Road Map of Spiritual Growth for Men in the 21st Century'. Joe is married to Anna. They have four children.

### ENDORSEMENTS

Jesus calls His followers to be disciples who make disciples. Men and women face similar and distinct challenges in obeying Christ's command. *The Way Forward* provides a fresh look at the obstacles and opportunities men face as they seek to be built up into the image of Christ.

**J. Garrett Kell**

*Pastor, Del Ray Baptist Church, Alexandria, Virginia*

As a pastor with a great desire to build men for the body of Christ, I was thrilled to read Joe Barnard's book, *The Way Forward*. It is a very practical discipleship itinerary aimed at men, and in doing so addresses one of the great needs of our day. This book is packed full of gospel wisdom which edified me and will serve an individual Christian man or a church men's ministry. Buy it. Read it. Be transformed by it.

**Gavin Peacock**

*Former professional footballer and Director of International Outreach, The Council on Biblical Manhood and Womanhood.*

There are multiple resources on discipleship, but Joe Barnard, in *The Way Forward*, offers a simple 'survival guide' for men who know Jesus and want to take the next step in their spiritual journeys. This short and practical guidebook addresses problems men encounter (e.g., exhaustion, frustration, distraction) and offers meaningful and attainable solutions. These solutions are coupled with action plans that pave clear pathways to genuine growth in Christ.

**Ken Boa**

*President, Reflections Ministries & author of several books including 'Conformed to His Image' and 'Life in the Presence of God'*

### TECHNICAL DETAILS

5102

ISBN 9781527105102

BISAC REL012120

PRICE £6.39 \$8.79

09/10/2025

Joe Barnard has a passion to help young Christian men become more spiritually fit and effective in their families and communities. His book has much insight and a lot of practical help toward that goal. What he desires is more potent servants of Christ, and anyone who aspires to be such a servant will profit much from reading his book.

**David Lyle Jeffrey**

*Distinguished Senior Fellow, Baylor Institute for Studies in Religion*

[www.christianfocus.com](http://www.christianfocus.com)