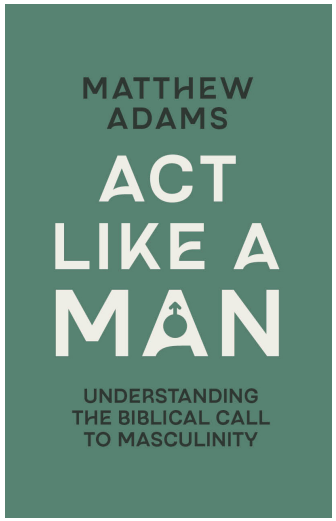
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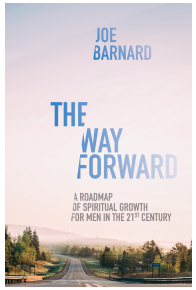
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RELEASE DATE 19 MAY 2026

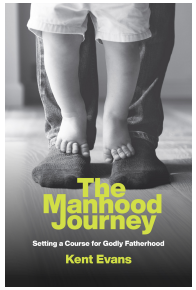


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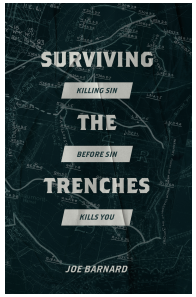
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DESCRIPTION

Reclaim God's Design for Manhood in a Confused World

In an era where masculinity is constantly redefined, Christian men need biblical clarity. Pastor Matthew D. Adams cuts through cultural noise to reveal authentic manhood according to God's Word.

Act Like a Man isn't about toxic stereotypes—it's about Christlike character. Adams presents five foundational principles:

- **righteous living**
- **sacrificial love**
- **dependent leadership**
- **courageous zeal**
- **humble servanthood**

He then applies them to marriage, fatherhood, church, work, and society.

Whether you're a husband, father, or leader seeking to honor God, this book provides Spirit-empowered guidance rooted in Scripture's timeless wisdom.

Don't let culture define your manhood. Discover what it truly means to 'act like a man' according to your Creator.

AUTHOR

Matthew D. Adams is the Senior Pastor of First Presbyterian Church in Dillon, South Carolina and is ordained in the Presbyterian Church in America (PCA). He and his wife, Beth, are the proud parents of three covenant children.

ENDORSEMENTS

This well researched work engages with material from the Reformers and Puritans all the way to modern commentators in the current manosphere. Another highlight of the book is the well crafted questions at the end of each chapter, which make it excellent material for group studies as well as individual reading.

Gavin Peacock
Former professional footballer and Director of International Outreach, The Council on Biblical Manhood and Womanhood.

This is a book that a pastor can safely place in the hands of the men of his congregation. It is pastorally faithful, veering away from the extremes that are being proliferated.

Carl Robbins
Senior Pastor, Woodruff Road PCA, Simpsonville, South Carolina

Unlike so many resources on masculinity which are full of opinions but short on God's Word, Matt Adams' 'Act Like a Man', is thoroughly theological. In grounding his answers in the Scriptures, he then points men to the things that really matter.

Jonathan Master
President, Greenville Presbyterian Theological Seminary, Greenville, South Carolina

Adams shows that Christian manhood is neither effeminate nor machismo, but godly, humble, servant-hearted, and strong. I warmly commend this monograph on manhood as an instructive and practical resource for men and women alike.

Jon D. Payne
Senior Pastor, Christ Church Presbyterian, Mount Pleasant, South Carolina; Executive Coordinator, Gospel Reformation Network

TECHNICAL DETAILS

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