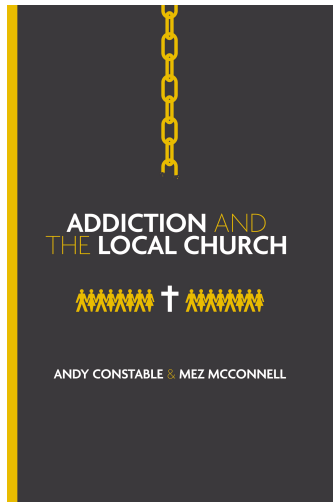


# Addiction and the Local Church

Andy Constable and Mez McConnell

RELEASE DATE 11 NOVEMBER 2025



## DESCRIPTION

### Breaking Chains: A Biblical Approach to Addiction Ministry

Drawing from decades of frontline ministry, Andy Constable and Mez McConnell offer a biblical framework for understanding addiction and caring for those in its grip. They reject simplistic views, presenting addiction as a sinful habit that enslaves and destroys. With powerful testimonies and practical guidance, the authors demonstrate how local churches—through gospel proclamation, loving community, and biblical discipleship—can offer what addicts truly need: not just recovery, but complete spiritual transformation in Christ.

Provides practical wisdom for churches seeking to:

- Reach those battling substance abuse
- Disciple new believers with addiction backgrounds
- Train former addicts for kingdom service
- Persevere through inevitable setbacks

A must-read resource for churches committed to reaching the broken in their communities with the life-changing power of the gospel.

## AUTHOR

Andy Constable is married to Debbie, and they have 3 kids (Isla, Isaac and Ezra). He has been at Niddrie Community Church in Edinburgh for the last 15 years in a variety of capacities but now serves as the senior pastor. He is also one of the trustees for 20 Schemes and oversees the East Hub.

Mez McConnell is the pastor of Grace Church Orkney. He is also the Director of 20schemes which is dedicated to revitalising and planting gospel churches in Scotland's poorest communities. Previously he was a missionary with street kids in Brazil. He is married and has three children.

## ENDORSEMENTS

... the new gold standard for Christians and local churches who want to better understand addiction and, more importantly, how to help addicts find victory through Christ.

### Timothy K. Beougher

*Billy Graham Professor of Evangelism, The Southern Baptist Theological Seminary, Louisville, Kentucky*

The strength of this book is found in its deep love of Christ, the gospel and discipleship, but perhaps its greatest strength is its understandability!

### Stephen Bray

*Lead Elder, Calvary Baptist Church, St. John's Newfoundland, Canada; Executive Director, Mile One Mission*

Drawing upon their experiences discipling dozens of people from addicted background, they have given us a fantastic tool to not only think through the nature of addictions, but to truly help those from addicted backgrounds as they come into contact with our churches.

### Stephen Kneale

*Pastor, Oldham Bethel Church, England*

Drawing on theological insight and personal experience, Andy Constable and Mez McConnell offer a guide to gospel-centered ministry that tackles the sin and suffering inherent in addiction. For churches working to bring Christ's transformative power to broken communities, this book is a vital resource.

### Mario Maneville

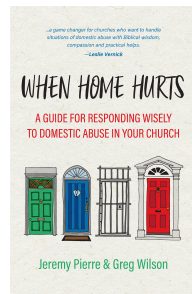
*Lead Pastor, Reformed Faith Mission Community Church, Cape Town, South Africa*

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