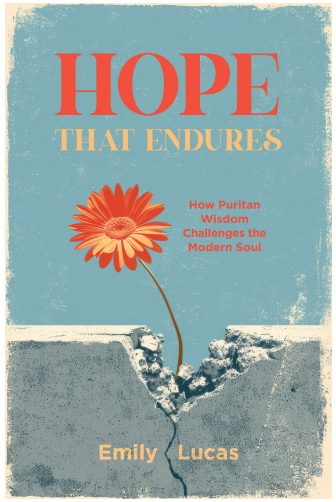
Hope that Endures

How Puritan Wisdom Challenges the Modern Soul

Emily Lucas

RELEASE DATE 19 MAY 2026



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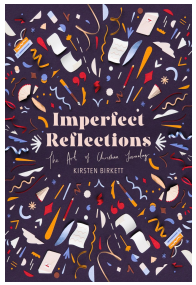

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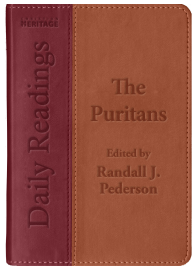

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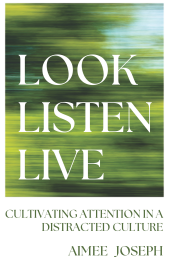

DESCRIPTION

Discover Timeless Strength for the Modern Soul

In *Hope that Endures: How Puritan Wisdom Challenges the Modern Soul*, Emily Lucas reveals how the wisdom of 17th-century Puritans can bring hope and challenge to today's women. Through personal stories and practical insights, Lucas shows how these spiritual guides offer real help for:

- **Finding contentment in chaos**
- **Healing from shame**
- **Navigating busyness and distraction**
- **Resisting unhealthy conformity**
- **Making wise choices in a noisy world**

Let the voices of Sibbes, Burroughs, Watson, Gurnall, and Bunyan inspire you to face life's challenges with courage, grace, and enduring hope.

AUTHOR

Emily Lucas lives in Sussex with her husband Ben, an Associate Vicar, their three children, four guinea pigs and tortoise. She is Tutor for Women at Union School of Theology, where she tutors in Church History and Systematic Theology. She loves spending time outdoors with her family, running, reading, writing and speaking at church groups and conferences.

ENDORSEMENTS

With ruthless self-examination and penetrating insight, she shares how reading the Puritans not only raises questions about many of our twenty-first century assumptions, but can also revive our weary souls – because they lift our focus onto what is really important and who is truly satisfying.

Carrie Sandom
Director of Women's Ministry, Proclamation Trust

In this heartfelt volume, Emily Lucas introduces us to five men who will pastor your weary soul deeply, faithfully, theologically and tenderly. This is the 16th century wisdom you never knew you needed for your 21st century life.

Ros Clarke
Associate Director, Church Society

... can challenge us to examine our hearts and overcome ingrained habits such as discontent, busyness, and cultural conformity. It is a book to read carefully and digest thoughtfully.

Simonetta Carr
Author

In a world that prizes instant results and outward appearances, this book calls us to build our lives upon the glorious and unchanging truths of Scripture. Emily introduces us to the Puritans and distills their wisdom in a gentle and accessible way that will help readers to persevere in faith, whatever they are facing

Emma Scrivener
Blogger at emmascrivener.net and author of 'A New Name' and 'A New Day'

TECHNICAL DETAILS

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