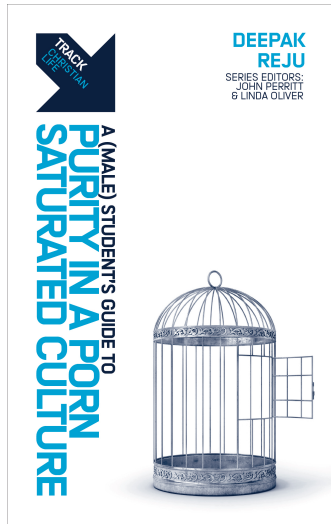


# Track: A (Male) Student's Guide to Purity in a Porn-Saturated Culture

Deepak Reju

RELEASE DATE 19 MAY 2026



**DESCRIPTION**

**Hope and Freedom for Young Men Battling Pornography**

In a culture overwhelmed by sexual temptation, Deepak Reju's guide offers young men a clear, compassionate path to purity and real change. With honesty and biblical wisdom, this book equips readers to:

- **Cut off access points to pornography**
- **Build strong, honest accountability**
- **Pursue genuine repentance and faith**
- **Understand and address deeper heart issues**
- **Seek support from mentors and church community**

Each chapter features practical steps and reflection questions. Whether you're struggling or supporting someone who is, discover how faith and community can lead to lasting freedom and a renewed relationship with God.

Track is a series of books designed to disciple the next generation in the areas of culture, doctrine, and the Christian life. While the topics addressed aren't always simple, they are communicated in a manner that is.

**AUTHOR**

Deepak Reju is a husband to his best friend Sarah, father to five children, and the senior pastor at Ogletown Baptist Church (Newark, Delaware) and co-host of the Counseling Talk podcast. He enjoys date nights with his wife, coaching his son's soccer games, getting beaten (often) by his kids in a board game, biking, reading, NFL football and (amateur) baking.

**ENDORSEMENTS**

In [this book] we are helped to untangle the life-destroying snares of sexual sin with wise, biblical, and practical wisdom. This is that kind of book I hope my sons and their friends will read—and learn from it.

**J. Garrett Kell**  
*Pastor, Del Ray Baptist Church, Alexandria, Virginia; author, 'Pure in Heart'*

This book is full of wisdom from Scripture, extremely practical, and accessible. Parents and youth workers get copies for every young man you know.

**Curtis W. Solomon**  
*Executive Director, Sentinel Institute; Associate Professor of Biblical Counseling, Boyce College, Louisville, Kentucky*

As someone who walks with young men through the wreckage of pornography, this is the kind of wise, hopeful, gospel-rich resource I want in their hands.

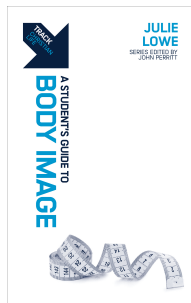
**Todd Stryd**  
*Counseling Coordinator & Faculty, CCEF*

If you want to be finally done with porn, this book is a great place to start. It is one of the most accessible resources I have read for students fighting pornography. Reju offers real, biblical help, so I confidently recommend this book to any student who wants real change.

**John-Michael Bout**  
*Executive Director, Into The Light Ministries*

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