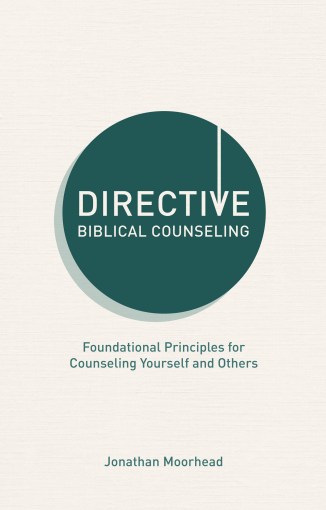
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Foundational Principles for Counseling Yourself and Others

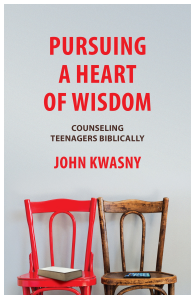
Jonathan Moorhead

RELEASE DATE 15 SEPTEMBER 2026

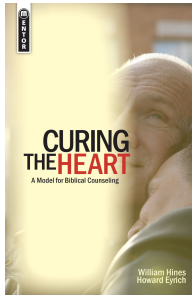


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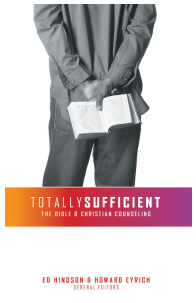
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DESCRIPTION

Counsel with Confidence, Not Confusion

Directive Biblical Counseling offers a clear, biblical roadmap for helping people change—starting with yourself. Jonathan Moorhead presents a simple six-session framework that removes the fear and guesswork from counseling by focusing on core theological truths that apply to every struggle.

- **A repeatable, Scripture-driven counseling plan**
- **Real case studies and sample counseling conversations**
- **Tools for pastors, leaders, and everyday Christians**
- **A model that promotes lasting change, not dependence**

This practical guide equips believers to think biblically, disciple wisely, and bring hope through God's sufficient Word.

AUTHOR

Jonathan Moorhead(PhD; ThM; MDiv) has served with The Master's Academy International in Russia, the Czech Republic, France, and Switzerland as an instructor. He is a pastor at Geneva Bible Church, is a fellow with the Association of Certified Biblical Counselors (ACBC), and is the author of 'The Trial of the 16th Century: Calvin & Servetus'. Jonathan and his wife Sharon have five children: Nahum, Isaac, Jesse, Jonas, and Miriam.

ENDORSEMENTS

... a very helpful biblical, theological, and practical resource for counseling believers well.

Anne Dryburgh
Author and counselor

... a clarion call to recover the conviction that soul care belongs to the local church, done by ordinary Christians armed with Scripture, prayer, and Spirit-wrought compassion.

Paul Tautges
Senior Pastor, Cornerstone Community Church, Cleveland, Ohio and Author of 'Comfort the Grieving'

Walking through six major themes that occur in numerous counseling cases, Moorhead systematically provides the practical tools that help one shepherd the saints into the truth that transforms lives. I commend this resource to all who desire to counsel biblically.

Abner Chou
President, The Master's University and Seminary, Sun Valley, California

Biblical counseling is intensive discipleship. Jonathan Moorhead provides an appropriate foundation to help beginners build an appropriate framework for biblical soul care. Seasoned counselors would do well to revisit these principles and learn from the practical wisdom he demonstrates in the case studies. Jonathan captures simple but profound foundations of biblical counseling anchored in the text of Scripture that guides and guards our practice.

T. Dale Johnson, Jr.
Executive Director, ACBC & Associate Professor of Biblical Counseling, Midwestern Baptist Theological Seminary, Kansas City, Missouri

TECHNICAL DETAILS

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