# Track: A Student's Guide to Manhood

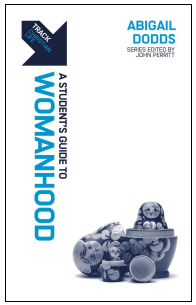
*J. Garrett Kell*

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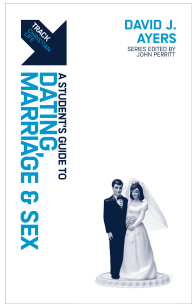



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**DESCRIPTION**

**Becoming the Man God Created You to Be**

In a culture confused about masculinity, young men need a clear and compelling vision of manhood. In *Track: A Student's Guide to Manhood*, J. Garrett Kell points students to God's good design for men—rooted not in cultural expectations, but in the truth of Scripture and the example of Jesus Christ.

Written for teenage and college-aged readers, this accessible guide challenges young men to embrace responsibility, pursue Christlike character, and live with purpose for God's glory.

This book helps young men:

- **Understand biblical manhood**
- **Grow in courage and self-control**
- **Resist cultural confusion**
- **Live faithfully for Christ**

**AUTHOR**

J. Garrett Kell has served as a pastor of Del Ray Baptist Church in Alexandria, Virginia since 2012. Before this he served several different churches, including Denton Bible Church and Graham Bible Church in Texas, and Capitol Hill Baptist Church in Washington, DC. He is also the author of author of 'Pure in Heart: Sexual Sin and the Promises of God'. Garrett is married to Carrie, and together they have five children.

**ENDORSEMENTS**

**TECHNICAL DETAILS**

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