

# D Is for Depression

Spiritual, psychological and medical sources for healing depression

*Michael Lawson*

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RELATED TITLES

DESCRIPTION

AUTHOR

Michael Lawson is the Archdeacon of Hampstead and trains church leaders in practical theology.

ENDORSEMENTS

"Michael Lawson's *D is for Depression* offers a very balanced and helpful approach. It provides foils to other books, particularly those from North America, which offer an exclusively biological problem. He examines a variety of factors that may cause a person to become depressed - particularly focusing on the role of factors such as bereavement, early experiences and burn out - as well as effects of hormones, genetics and other physical factors. He roots his advice firmly in biblical truth, presenting his useful scriptural perspective on problems of bitterness, guilt, ambition and personal identity."

**Evangelical Times**

"Michael Lawson's book will be an enormous help to all who are trying to assist those who are afflicted with depression."

**Frank Retief**

*Former Bishop of the Church of England in South Africa*

"Michael Lawson deserves the thanks of thousands of us. In seminars, on radio and television - and through such books as *D is for Depression* - he is helping sufferers, practitioners and caring people alike, to understand depression, and to find the trusted pathways through to healing. Experience and winsome common sense have joined hands in this excellent book"

**Richard Bewes**

*OBE (1939 – 2019), formerly of All Souls Church, Langham Place, London, England*

"Outstanding, relevant, balanced. The church and God's people have not handled the challenge of depression very well and this book is urgently needed among us."

**George Verwer**

*Founder and Former International Director, Operation Mobilisation, Kent, England*

TECHNICAL DETAILS

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